

☒ I offer my expertise to participate as a Partner in a HE Project

☐ I am planning to coordinate a project and I am looking for Project Partners

TOPICS OF INTEREST

Interested in the following upcoming calls

Horizon Europe 2025 Cluster 2, specifically for the call: *HORIZON-CL2-2025-01-TRANSFO-08: Improving mental health outcomes for people in education, training and work*

PARTNER INFORMATION

Description of the Legal Entity

☐ Higher Education

☒ Research Institution

☐ Public Administration

☐ Industry /SME

☐ NGO

☐ Other

Description of the Research Team or Group:

Our research group “Community Health and Health(care) Systems” is located at the Institute of Social and Preventive Medicine at the University of Bern. It has the overall mission to apply theory-driven social science methodology to understand and explain contextual conditions of health to promote and improve community health, and to apply the knowledge gained to influence social determinants of health and policymaking contributing to health equity and well-being (see <https://communityhealth.ch/>).

In doing so, one goal is to foster mental health, especially through physical activity.

Our group has thorough experience in collaboration with a wide range of stakeholders such as people with lived experience, policymakers, public health professionals and service providers.

Expertise of the Team Leader:

Two group members will be particularly involved and have the following expertise:

Prof. Dr. phil. Annika Frahsa leads the research group on community health at ISPM/ University of Bern, with a focus on community-based participatory research and health promotion. Trained as political scientist and with a PhD in sport science, her work focuses on co-creating tailored health promotion interventions with diverse, particularly vulnerable communities, professionals, and policymakers, to promote health equity. She is located within a participatory health research paradigm with a diverse spectrum of approaches applied (photovoice, cooperative planning approaches, future workshops, stakeholder dialogues) and broad experience in qualitative data generation (interviews, group discussions, observations, visual methods, document/policy analysis) and interpretation.

As staff, project manager, and EU representative she has contributed to various EU-funded projects in different schemes (former DG SANCO, ERASMUS+) as well as in various roles in research consortia in Germany and Switzerland.

[ORCID-ID](#)

[Google scholar Link](#)

Dr. phil. Lars Lenze is a postdoctoral researcher in the research group on community health at ISPM. As a sports scientist with minor studies in psychology, he currently leads a research project on fostering mental health through physical activity in adolescents. With his experience in researching physical activity participation with its antecedents and outcomes, and his longstanding engagement as a coach and coach educator in youth sports, he brings multiple perspectives to investigate the phenomenon of physical activity/sports participation and mental health outcomes. His broad methodological and statistical competencies are also used in an international collaboration with the large-scale project “Moving Denmark” (> 150,000 participants).

[Lars Lenze \(0000-0001-7610-8913\) - ORCID](#)

[Lars Lenze - Google Scholar](#)

Potential role

☒ Research

☐ Technology Development

☐ Dissemination

☐ Training

Already experience as a	Coordinator	<input type="checkbox"/> YES	<input checked="" type="checkbox"/> NO (Project manager of consortia managed by institute)
	Partner	<input checked="" type="checkbox"/> YES	<input type="checkbox"/> NO
	Expert Evaluator	<input checked="" type="checkbox"/> YES	<input type="checkbox"/> NO

CONTACT DETAILS

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